



The
FULLNESS
of God

Eph 3:19

The GOAL

**... that you may be filled to all the fullness of God.
(Eph 3:19b NASB)**

- **The words “fill” (Gr. plēroō) and “fullness” (Gr. plērōma) occur eight times in Ephesians.**
- **Paul prayed that his readers would grow into the fullness of God (and Christ), that is, the very essence of God himself (Eph 3:14-19; [cf. Bar 5:7]; 4:11-13; 2 Pet 1:3-4).**
- **Just as Christ did what was pleasing to the Father, so our goal should be to become like the FATHER.**

The AGENT

He who descended is the one who also ascended far above the heavens, that he might fill all things. (Eph 4:10 ESV)

- The verb “fill” (Gr. plēroō) is passive (“be filled”) in three of its four occurrences in Ephesians. Who, then, fills us?
- The one who fills all things (his church and his creation) is Jesus Christ himself, and the church becomes his fullness, that is, his body (Eph 1:15-23; 4:7-10; cf. 3:17).
- We must allow ourselves to be filled up to the fullness of God, and the one who fills us must be the SON.

The MEANS

**And do not get drunk with wine, for that is debauchery,
but be filled with the Spirit. (Eph 5:18 ESV)**

- **Many assume that the Spirit is what fills us, but the context suggests that Christ fills us by the Spirit (Eph 5:18; cf. 3:16-17; Rom 8:4; Gal 5:14; Col 3:16).**
- **When we allow Christ by the Spirit to fill us, the results are obvious (Eph 5:19-21; cf. 4:14-16; 2 Pet 1:5-11).**
- **The SON fills Christians so that they attain to the fullness of the God the FATHER, and he does so by the SPIRIT.**



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